

2012 CAPITOL MILE

January 1, 2012

WOMEN

MEN

Pl	Name	Age	Time
First Place Open (20-39) - Female			
1	Linsie Michels	23	5:29.2
First Place Youth (19 & Under) - Female			
1	Grace David	11	6:27.3
First Place Masters (40-59) - Female			
1	Susan Brainard	49	6:58.4
First Place Super Masters (60+) - Female			
1	Phyllis McCall	61	7:58.2

Pl	Name	Age	Time
First Place Open (20-39) - Male			
1	Mike Rosling	33	5:08.1
First Place Youth (19 & Under) - Male			
1	Emanuel Kraynick	17	5:07.1
First Place Masters (40-59) - Male			
1	Joe Dudman	47	5:06.4
First Place Super Masters (60+) - Male			
1	Bill McCall	61	6:28.9

Female 14 & Under

1	Madyson Jones	13	6:47.2
2	Makayla Waller	13	6:47.7
3	Hannah Worthington	12	8:00.8
4	Monica Lajoie	13	8:03.2
5	Sophia Poole	12	8:36.3
6	Ava David	9	8:39.4
7	Alison Gebhart	13	8:45.4
8	Carolyn Koletar	7	9:24.3
9	Natalie Koletar	9	9:43.2
10	Sydney Bethers	10	10:22.2
11	Morgan White	14	10:57.9
12	Heidi Gebhart	10	11:14.4
13	Faith McClaughry	8	16:25.9

Female 15-19

1	Holly Dudley	14	7:55.5
2	Monica Martinez	14	7:57.3
3	Elise Koletar	15	9:24.8
4	Lindsey Peyton	16	16:02.8

Male 14 & Under

1	Darby Estes	14	5:52.1
2	Branson Wallace	14	6:05.5
3	Marcus David	9	6:27.1
4	Keaton Nash	13	6:36.7
5	Devin Perez	14	6:42.0
6	Ethan Lampe	13	7:20.1
7	Michael Bashaw	11	7:33.2
8	Blake Koletar	13	7:34.9
9	Anthony Compton	9	7:43.4
10	Jaden Perez	11	8:16.5
11	Jackson Muth	9	8:23.8
12	Jesse White	12	8:40.8
13	Ryan Prather	10	9:02.1
14	Brady Muth	7	9:09.6
15	Brandon Grenya	13	12:12.6
16	Joseph Bannister	6	16:28.4

Male 15-19

1	Trent Dudley	19	5:10.1
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Female 20-24			
1	Molly Mack	21	7:18.6
2	Katie Bashaw	21	7:47.7
3	Michelle Guillemin	20	12:29.6

Female 25-29			
1	Ashley Keegan	27	6:02.3
2	Cassie Scallon	29	6:05.6
3	Amanda Mack	29	9:15.7

Female 30-34			
1	Evelyn Young	30	5:45.9
2	Heather Stange	31	5:53.7
3	Ingrid Siedal	33	6:27.7
4	Ann Hill	30	8:43.1
5	Amanda Wilch	32	12:59.2

Female 35-39			
1	Laura Estes	38	6:58.9
2	Nikol Allison	37	7:01.9
3	Terri Jackson	39	8:58.6
4	Bev Ecklund	35	10:21.3
5	Heather Parker	35	10:28.0
6	Jennifer Bethers	35	10:31.2
7	Teri Abel	37	10:31.7
8	Mandy Dunagan	35	10:55.7
9	Michelle Muth	38	11:01.1
10	Allison Kato-Dilks	35	11:11.7

Female 40-44			
1	Dawn Barr	41	7:59.6
2	Lisa Ryan	41	7:59.9
3	Chigusa Poole	43	8:15.3
4	Laura Tesler	44	8:56.9
5	Magdalen Powers	42	8:57.7
6	Meika Koletar	40	9:43.7
7	Julie Gebhart	42	11:16.8

Female 45-49			
1	Karisa Thede	49	7:00.6
2	Jeneane Douglas	46	7:11.5
3	Teri Wright	49	7:49.1

2	Jake Beach	15	5:11.9
3	Sean Barr	17	5:15.9
4	Christopher Poole	16	5:19.4
5	Cody Allison	17	5:51.6
6	Riley Hankins	15	5:53.9
7	Ryan Welty	16	5:54.6
8	Brendan Abel	16	6:00.2
9	Ryan Douglas	17	6:03.6
10	Eck Thede	19	6:12.3
11	Alex Mack	15	6:30.7
12	Matthew Bryson	15	7:02.8

Male 20-24			
1	Nicholas Rhein	20	5:14.7
2	Jordan Hoffman	21	5:45.1
3	Trent Michels	20	6:13.8
4	Kyle Fisher	23	6:17.9

Male 25-29			
None			

Male 30-34			
1	Ben Stange	31	5:50.5
2	Dan Chong	33	6:08.9
3	Doug Lichtenwaltern	30	7:35.4
4	Carl Watson	30	10:34.0

Male 35-39			
1	Sean Meissner	38	5:20.9
2	Joel Turner	35	5:23.3
3	Barry Withers	36	5:40.1
4	Jason Whitehurst	39	5:57.4
5	Brian Worthington	38	6:06.2
6	Jeff Jones	37	6:06.6

Male 40-44			
1	Charles David	43	5:08.9
2	Britt Sexton	40	7:09.0
3	Vince Koletar	44	7:39.9
4	Vince Jones	42	8:12.4
5	Jeff McCausland	43	8:41.3
6	Jason Muth	40	11:00.5
7	Robert McClaughry	43	11:49.9

Male 45-49			
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4	Helen Shafran	46	8:55.9
5	Lisa Lampe	45	10:18.8
6	Ronda Louch	46	10:27.0
7	Laura Perez	48	11:19.9
8	Debra McClauaghry	45	16:25.4

Female 50-54

1	Cynthia Herron	54	9:45.0
2	Susan Guillemin	51	12:37.9
3	Jane Kirby	53	14:40.7
4	Sherrie Bashaw	50	15:17.9

Female 55-59

1	Yolanda Zugar	57	7:45.3
2	Fenny Roberts	59	8:54.8
3	Cynthia Kok	55	11:08.0
4	Kay Frankenhoff	55	11:21.6
5	Jayne Downing	55	13:01.0
6	Iva Grenya	56	13:24.6
7	Lin Tanamachi	57	13:30.8
8	Vickie Michels	56	16:03.7
9	Rebecca Bauman	55	16:24.0

Female 60-64

1	Anne Miller	60	12:58.6
2	Lesley Johnson	61	16:11.7

Female 65-69

1	Caye Poe	69	13:23.5
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Female 70-74

1	Judith Havas	71	10:19.8
2	Jayne Oppliger	71	14:00.8

Female 75-79

1	Patsy Daigle	79	16:02.3
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Female 80+

	Raye Johnson	87	16:11.1
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1	John Stone	49	6:31.8
2	Keith Seckel	46	6:40.2
3	Jon Poole	47	6:43.6
4	Tim Layton	46	7:10.9
5	Paul Bliss	47	7:16.3
6	Rogene Tolento	45	7:25.6
7	Michael Bryson	45	8:31.5

Male 50-54

1	Ron Bezenah	51	5:17.5
2	Bruce Thede	51	5:55.9
3	Bob Gephardt	50	6:16.1
4	Roger McKay Jr	52	6:47.6
5	Roland Mack	51	7:01.4
6	David Schiedler	51	7:13.5
7	Peter Douglas	52	7:45.2
8	Dave Bashaw	50	7:49.3
9	Jack Mortensen	51	9:03.9
10	Russell Hancock	52	11:20.3

Male 55-59

1	Jay Howe	56	6:32.2
2	Doug Parham	56	6:40.6
3	Craig Zugar	55	7:39.5
4	David Warren	57	7:43.9
5	Gerry Michels	58	14:02.9

Male 60-64

1	Marvin Gladden	60	6:33.9
2	Terrence Pratt	64	9:38.7
3	David Graham	62	10:17.3

Male 65-69

1	Roger Monette	66	7:21.1
2	Ted Gross	68	8:28.1
3	Foster Kimble	65	9:27.9
4	Sam Bauman	69	10:49.2

Male 70-74

1	Roger Moreland	71	9:03.9
2	Willard Fox	70	9:46.8

Male 75-79

1	Charles Strong	78	9:11.5
2	Al Oppliger	79	10:16.7
3	Bill Henry	76	14:18.2

Male 80+

1	John Schoon	82	9:10.1
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